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ABSTRACT

This intervention program addresses the special needs of pregnant teenagers and teenage mothers. Adolescents' rapid transition from child to mother may cause them to experience both role conflict and difficulty in setting goals. The materials for the program include a facilitator's guide, a participant's guide, and a discussion guide. This program, based on Super's Model of Career Maturity, is designed for use over a teleconference system and is supplemented by video and print materials. The program may also be used in face-to-face settings. Individual counseling should be made available via an 800 number to allow participants to reach the group leader. The program lists four goals: (1) To deliver, via a teleconference system, a comprehensive developmental group career counseling program; (2) To increase economic self-sufficiency among pregnant adolescents and single mothers; (3) To facilitate the development of career awareness exploration and attainment of higher-paying jobs; and (4) To increase the ability of the target population to plan and control their lives so that their career development can productively continue in the years to come. The facilitator's and participant's guides outline eight sessions for achieving these goals. Various appendices provide references, situations for role playing, and other information. A summary of the video, discussion questions, as well as resources for parents are contained in the discussion guide. (RJM)